

## **Morphine modified release (MMR) tablets**

For the treatment of moderate to severe and persistent pain including cancer pain, MSF has recommended the use of morphine modified release formulations (MMR) since 2002. For the treatment of chronic moderate to severe pain, oral morphine is an effective medication. The effective daily dose of morphine is determined during the initial treatment with immediate-release morphine (MIR), given 6 times per day. This total daily dose remains the same when changing from MIR to MMR but should be divided into 1 or 2 doses. MMR regimens can provide better quality of life and improve patient adherence to analgesic treatment.

MSF urges the 15<sup>th</sup> Expert Committee on the Selection and Use of Essential Medicines to include the formulations of morphine modified release in the core list.

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**MSF**