Switch from Stavudine (d4T) to Tenofovir DF (TDF) in Combination with Lamivudine (3TC) and Efavirenz (EFV) Resulted in Continued Virologic Suppression and Improvement in Lipoprotein Through 2 Years in HIV-Infected Patients

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Results (cont’d)

Conclusions

• Virologic suppression was maintained 2 years after switching d4T to TDF – No patient experienced virologic failure

• Switching d4T to TDF through 2 years resulted in significant decreases in serum triglycerides and cholesterol

• Significant improvement in lip fat was observed 2 years after switching d4T to TDF – No changes in spine BMD and small but statistically significant decreases in hip BMD were seen after switching d4T to TDF – No patient experienced pathologic fractures

References


